

# Alabama Disabilities Advocacy Program Online News

October 19, 2012



ADAP would like to share with you "Floodgate"...by Ben Arthur and Mike Clark,  
video by Charles Mubarack.

To introduce his song, Mr. Arthur writes: "Floodgate was written to reflect the abilities of those who have limitations to reach out and help others, in order to help themselves overcome the sometimes, chaotic pressures of living with illnesses. There are times in everyone's life when we have to look beyond our own difficulties in order to serve a greater good. I hope you will enjoy our presentation."

Video Link:

<https://www.youtube.com/watch?v=RD779uyhH2M>

**Lyrics to Song:**

Well they had to unlock the floodgate

before the dam split open wide.  
We were hoping someone could relate'  
to what the deluge left behind.  
Overwhelming waves of love and pain  
ran thru my soul and back again.  
Like rivers rushing thru my brain,  
words were all that kept me sane.  
When it all came to the surface,  
I bowed my head and prayed for purpose.  
If your life becomes a circus....  
help someone else who's scared and nervous.  
Nothing cool about being cruel.  
You forgive me ,I'll forgive you.  
Maybe soon we'll all pull thru,  
after all, that's what we're supposed to do.  
When it all comes to the surface,  
We'll bow our heads and pray for purpose.  
And if our lives become a circus,  
help someone else who's scared and nervous.  
Love is more than just a side show,  
you'd think by now, we knew,  
there is hope for us from shore to shore ,  
washing over me and you.  
When it all come to the surface,  
we'll bow our heads and pray for purpose,and if our life becomes a circus...help someone else  
who's scared and nervous.  
Help someone else who's scared and nervous.

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